



Share your ideas. Choose a topic like diabetes, Disney, or dogs.

When you have a big idea and lots to say, you can break your subject into smaller parts using the ABC's.

Use each letter of the alphabet to write one new idea about your subject. For example, in the primer *Type One Diabetes A-Z*, "A" stands for alcohol swabs, "B" stands for bag, and "C" stands for carbohydrates.

Now, it's your turn...

A _____

B _____

C _____

D _____

E _____

F _____

G _____

H _____

I _____

J _____

K _____

L _____

M _____

N _____

O _____

P _____

Q _____

R _____

S _____

T _____

U _____

V _____

W _____

X _____

Y _____

Z _____